

# Cyberbullying Resources

*This list is by no means complete, so please help by **suggesting** additional resources on bullying and cyberbullying.*

**American Psychological Association:** Advice on how parents, teachers and kids can take action to prevent bullying. Also suggestions on how to respond and a section on cyberbullying.

## **ConnectSafely's Tips to Help Stop Cyberbullying**

**CyberBullyHelp:** Resources from leading cyberbullying experts Robin Kowalski, Susan Limber and Patti Agatson. Lots of great resources for parents, teachers and kids.

**Cyberbullying Research Center:** The U.S.'s leading research center on causes, solutions and statistics on cyberbullying.

**Embrace Civility in the Digital Age:** Excellent advice from former lawyer and educator Nancy Willard. Ranges from basic tips for kids and parents to law review articles and professional advice for educators.

**It Gets Better Project:** Inspiring advice for lesbian, gay, bisexual and transgender (LGBT) youth, helping them understand that "it gets better" and to inspire the changes needed to make it better.

**Massachusetts Aggression Reduction Center:** Lots of excellent resources including free **downloadable parent guides** from Dr. Elizabeth Englander.

**National Bullying Prevent Center;** The Center "unites, engages and educates communities nationwide to address bullying through creative, relevant and interactive resources." Offers videos, stories advice and access to additional resources. Check out their **Bullying Info and Facts** page.

**StopBullying.gov:** A well curated list of resources from the government on bullying and cyberbullying. It not only defines bullying but has resources on how to prevent bullying, how to respond to it and how to "be more than a bystander." Be sure to see their resources on **how to respond to bullying**.