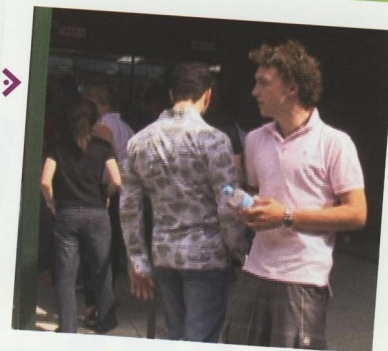


In **scene 1**, at the school canteen, we see various incidents. Are they bullying behaviour?

Here is the first possible example that you see. It's a pretty gentle nudge.  
Is it bullying behaviour?

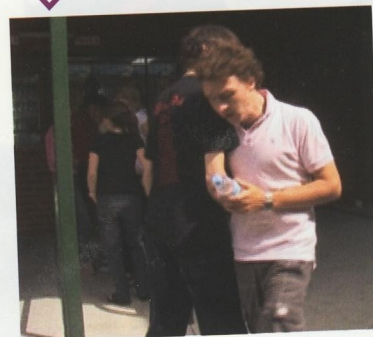
- 1 What factors influence your answer here? For example, you might ask if it is deliberate or accidental. Is it severe or mild? Is it a 'one-off' incident or part of a pattern? How does the target react to it? And so on.



- 2 Write down a definition of bullying behaviour.

Here's the second example. The same boy is bumped again, but this time it is much harder.

- 3 Discuss what is happening again, and decide if this is bullying behaviour.



- 4 Look at your definition. Does it work for what you have decided about this example? Do you need to make any changes to it?

Next we see a girl try to join in with a group.

- 5 How does the group react to her? Why do they react in this way? Is it bullying behaviour? Again, discuss the key elements of the situation to decide if it is bullying behaviour — such as what happens, why it happens, how it is done, and the impact on the target.



- 6 It's not physical. Does that matter? Look back at your definition and decide if it works, or needs some change.



In **scene 2**, at the lockers, we see various incidents. Are they bullying behaviour?  
And how do bystanders respond?

Here is the first possible example that you see. ....>

- 7 What happens? Is it bullying behaviour? Discuss it, and apply your definition. See if you need to make any changes to your definition.

.....

.....

.....

- 8 What about these other confrontations that we see happening? Are they bullying behaviour? Discuss them, and apply your definition. Are they all the same? What about the last example, where there is no actual contact, just a threat. Is that bullying behaviour?

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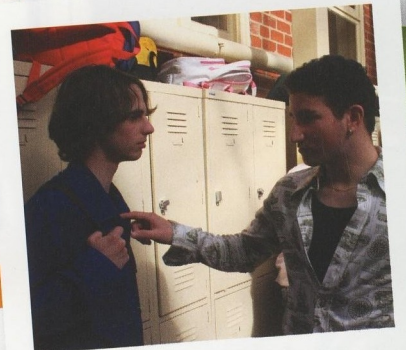
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- 9 Look back at your definition and see if it needs any adjustment.





You have looked at some examples and have developed a definition.

Look at this definition:

**BULLYING BEHAVIOUR IS:** *The repeated oppression, psychological or physical, of a less powerful person by a more powerful person or group of persons.*

(Ken Rigby, *Bullying in schools: and what to do about it*, ACER, Melbourne, 1996 page 13)

**1 0**

Explain what each of the underlined words or phrases means.

*repeated*

*oppression*

*psychological*

*physical*

*less powerful*

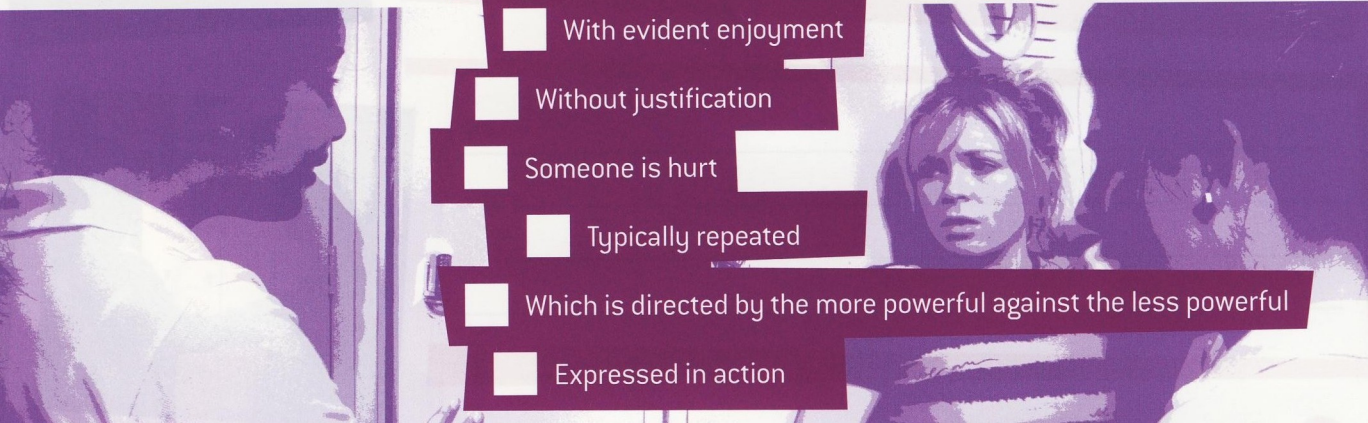
*person or group*

**1 1**

Here are seven key elements that are involved in bullying behaviour. Put them in a logical order that would create a definition of bullying behaviour. Number the boxes 1–7 to achieve that logical definition.

**BULLYING BEHAVIOUR INVOLVES:**

- ☐ A desire to hurt
- ☐ With evident enjoyment
- ☐ Without justification
- ☐ Someone is hurt
- ☐ Typically repeated
- ☐ Which is directed by the more powerful against the less powerful
- ☐ Expressed in action





**Bullying behaviour can be direct or indirect, and take several forms:**

Form	Direct	Indirect
Physical	Hitting Kicking Spitting Throwing stones	Getting another person to do these
Non-physical — Verbal	Verbal insults Name calling	Getting another person to insult the target Spreading nasty rumours
Non-physical — Non-verbal	Threatening and obscene gestures Relational Electronic messages	Removing and hiding belongings Deliberate exclusion from a group or activity Texting and emailing rumours or threats

(Ken Rigby, *Bullying in schools: and what to do about it*, ACER, Melbourne, 1996)

12

Not all confrontational behaviour is bullying behaviour. Look at these examples and decide if each is bullying behaviour or not, and explain your reasons.

➔ There is a competition among a group of girls to give another girl the cruellest name.

YES NO

☐☐

➔ Two girls have a bitter argument with some name calling, and even a bit of pushing. But in the end they break off and go away from each other.

☐☐

➔ A boy goes over and stares at another, who is intimidated and moves away.

☐☐

➔ A boy accidentally bumps into a weaker boy, and abuses and intimidates him, tells him to keep out of his way. Both then move off.

☐☐



**1 3** Look at this list of behaviours. Decide what type of bullying behaviour each is.



Type	Physical	Verbal	Non-verbal
Name calling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pressuring a person to do something against their will	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Put downs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kicking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Punching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Teasing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Biting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Writing and passing around rude notes about a person	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Spitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mobile phone texting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Graffiti	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pulling faces	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Running away	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Giving someone 'the stare'	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The silent treatment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Making rude signs or gestures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Giving the finger	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Leaving a person out of a game	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Interfering with people's property	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Swearing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Spreading rumours	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Whispering	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Threatening	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

(Based on [http://www.headroom.net.au/cubby/bully\\_id.html](http://www.headroom.net.au/cubby/bully_id.html))

**1 4** Look back at the incidents in the DVD. Are all the incidents that you see there bullying behaviour? Explain your answer.